The Genter for Greativity and Healing

JUNE 2020 NEWSLETTER

THE SHELTERED ART GALLERY

view submissions <u>here</u>

The following artwork and pieces has been submitted by any individual who is using creative outlets while sheltering at home.



OFFICE POLICIES

offering sessions in person, via Zoom, or a phone session

Our updated announcement is located on our home page.

If you have an appointment at our office and are presenting any flu-like symptoms, including a fever, cough, or trouble breathing, or have been in contact with someone who has tested positive for COVID, please contact our office to reschedule your appointment to a phone or video session to protect others.



RESOURCES FOR PARENTS

during a pandemic

- <u>Seven Guidelines for Parents</u> who are Divoced/Separated and Sharing Custody
- <u>Pandemic Parenting:</u>
 Managing Anxiety by Dr. Ben
 Garber
- <u>Separated Parents and Covid</u> by Annette Burns



Virtual Expressive Arts Summer Glasses

AGES 10+



Offered via Zoom

To Sign Up:

Email officeadmin@tcfch.org wi th the class or classes you wish to attend.

You will then be sent an invoice. Upon payment, you will be sent a Zoom link and information of materials needed for the class.

Cost: \$25 per session; \$20 each if you book 3 or more. *Add on a sibling for only \$5 more*

For any questions please contact our office.

Pastels with Maria Curran:

June 12 (Friday) 2:45-4:00

Paint with Maria

Curran: June 17 (Wednesday)

3:15-4:30

Pour Painting with Melissa Lloyd:

June 24 (Wednesday) 2:00–3:15

For all summer classes: https://www.centerforcreativityandhealing.com